

Individual Meet Results

2010 Eastern Zone LC Championships 11-Aug-10 to 14-Aug-10 LC Meters

Location: Rockville, MD

In the last meet of the swim year for the MCSC, our 5 Zones swimmers scored 6 top-10 finishes. It was the first Zones meet for Matthew Carey, Hollie Hopf and Justin Viotto. Brian & Jessica Stiles are returning Zones swimmers. Congratulations to all of these athletes for getting to this meet. Attending this high level meet can be a little daunting but our swimmers performed admirably. Hollie Hopf captured a 3rd seed in the W11-12 50 Fly and scored 6th place in Finals. Hopf also set a new MCSC 11-12 50 Free record with a time of 29.97 and garnered 7th Place as part of the W11-12 200 Medley Relay team. Justin Viotto captured 9th Place in the M10&U 400 Freestyle, improving his time by 4 seconds. Brian Stiles earned 4th place for the M15-18 100 Freestyle and 10th in the 800 & 1500 Freestyles. Stiles also dropped 1.69 seconds in the 200 Free for a new Best Time of 2:04.84. Jessica Stiles earned a 5th seed in the W13-14 50 Free and moved up to a 4th Place in Finals. Jessica also took home 4th Place as part of the W13-14 200 Free Relay and 6th in the 400 Medley Relay teams. Matthew Carey didn't improve on his Best Times at Zones, but capped off a terrific M11-12 Long Course season at this championship meet.

In the Zones Open Water event, Justin Viotto earned 2nd Place in the M10&U 1K and brother Jordan grabbed 9th Place. Juliann Stiles scored 10th Place in the W10&U. In the M11-12 2K, Matthew Carey took 8th Place and Michael Stiles captured 10th. In the M13-14 2K, Jamie Viotto snared 9th Place. Congratulations to all for just making it through the event!



Time	F/P/S	Event	Place	Points	Improv
Carey, Matthew (12)	M (M)				
2:27.08L	P # 48	Men 11-12 200 Free	54	---	3.47
	33.75	38.08 38.14 37.11			
5:13.46L	F # 84	Men 11-12 400 Free	52	---	11.26
	34.42	38.75 38.42 39.40 40.18 41.11 40.85 40.33			
Hopf, Hollie (12)	W (M)				
1:06.54L	P # 5	Women 11-12 100 Free	41	---	0.90
	32.19	34.35			
31.41L	P # 53	Women 11-12 50 Fly	3	---	0.20
31.81L	F # 53	Women 11-12 50 Fly	6	3	0.60
29.97L	P # 123	Women 11-12 50 Free	22	---	-0.06
Stiles, Brian (16)	M (M)				

55.23L	F # 10	Men 15-18 100 Free	4	5	0.12
	26.70	28.53			
55.74L	P # 10	Men 15-18 100 Free	4	---	0.63
	26.38	29.36			
9:16.76L	F # 14	Men 15-18 800 Free	10	---	3.78
	30.45	33.48	34.63	35.35	35.58
	35.66	36.19	35.65	35.14	34.98
			34.89	34.26	33.73
2:04.84L	P # 52	Men 15-18 200 Free	11	---	-1.69
	28.18	31.89	32.48	32.29	
4:33.14L	F # 82	Men 15-18 400 Free	17	---	7.10
	29.55	32.53	34.44	34.93	35.41
					35.33
					35.61
					35.34
26.29L	P # 122	Men 15-18 50 Free	15	---	0.90
17:53.22L	F # 126	Men 15-18 1500 Free	10	---	17.51
	30.43	33.04	34.90	34.25	36.08
	35.99	35.43	35.80	35.47	35.72
	36.67	36.29	36.79	35.75	37.65
					36.94
					38.15
					37.26
					37.87
					36.46

Stiles, Jessica (14) W (M)

28.51L	F # 119	Women 13-14 50 Free	4	5	-0.28
28.82L	P # 119	Women 13-14 50 Free	5	---	0.03

Viotto, Justin (10) M (M)

1:12.67L	F # 32	Men 10 & Under 100 Free	25	---	-0.14
	34.75	37.92			
1:27.99L	F # 36	Men 10 & Under 100 Fly	54	---	-0.27
1:26.11L	F # 66	Men 10 & Under 100 Back	42	---	0.57
	42.50	43.61			
2:33.47L	F # 68	Men 10 & Under 200 Free	14	---	-1.83
	36.48	39.57	40.03	37.39	
5:18.21L	F # 104	Men 10 & Under 400 Free	9	---	-4.15
35.67		40.13	40.05	41.57	40.33
35.68					41.96
					40.44
					38.06

New Team Records 2010 Eastern Zone LC Championships 11-Aug-10 to 14-Aug-10 LC Meters

Women 11-12 50 Free

30.03	Hollie Hopf at NJS/SAC LC JO's 2010	7/29/2010	MCSC
29.97 **	Hollie Hopf at 2010 Eastern Zone LC Championships	8/11/2010	MCSC -NJ

Women 13-14 50 Free

28.79	Jessica Stiles at NJS/SAC LC JO's 2010	7/29/2010	MCSC
28.51 **	Jessica Stiles at 2010 Eastern Zone LC Championships	8/11/2010	MCSC -NJ

Men 9-10 100 Free

1:12.81	Justin Viotto at SUMMER SIZZLE XX	6/25/2010	MCSC
1:12.67 **	Justin Viotto at 2010 Eastern Zone LC Championships	8/11/2010	MCSC -NJ

Men 9-10 200 Free

2:35.30	Justin Viotto at NJS/SAC LC JO's 2010	7/29/2010	MCSC
2:33.47 **	Justin Viotto at 2010 Eastern Zone LC Championships	8/11/2010	MCSC -NJ

Men 9-10 400 Free

5:22.36	Justin Viotto at NJS/SAC LC JO's 2010	7/29/2010	MCSC
5:18.21 **	Justin Viotto at 2010 Eastern Zone LC Championships	8/11/2010	MCSC -NJ

Men 9-10 100 Fly

1:28.26	Justin Viotto at BAC Wed Night Long Course	7/14/2010	MCSC
1:27.99 **	Justin Viotto at 2010 Eastern Zone LC Championships	8/11/2010	MCSC -NJ

Men 15 & Over 200 Free

2:06.53	Brian Stiles at NJS/SAC LC JO's 2010	7/29/2010	MCSC
2:04.84 **	Brian Stiles at 2010 Eastern Zone LC Championships	8/11/2010	MCSC -NJ