

Individual Meet Results

NJS/SAC LC JO's 2010 29-Jul-10 to 01-Aug-10 LC Meters

**Location: RutgersUniversity
Morris County Swim Club [MCSC-NJ]**

The 15 MCSC athletes scored 12 Top 10's for the MCSC at the NJ Long Course Junior Olympics at Rutgers University July 29 - Aug 1. Justin Viotto earned a 1st Place, Brian Stiles garnered 2 Super Sectional cut times and Matt Carey, our most decorated Gold Time swimmer this season, also broke through to 2 Zone cuts. Hollie Hopf was out High Point winner, scoring in 5 of 7 events.

Patrick Bauer grabbed 12th Place in the M11-12 1500 Free. Laurel Carey improved to a 1:39.08 in the W10&U 100 Fly. Matthew Carey's Zone times came in the 200 & 400 Free. Alina Demirel took off a whole second in her lead-off leg of the W11-12 200 Free Relay. Matt Dottinger delivered gutsy emotional performances in the 200 Back ad 400 IM. Hollie Hopf scored 80 points, including a 2nd Place finish in the W11-12 50 Fly. Brian Stiles earned 2 new Zone cuts in the 200 & 1500 Free. Jessica Stiles earned 4th Place in the W13-14 50 Free, going under 29-seconds for the 1st time. Michael Stiles dropped time in the 400 & 800 Free. Charlie Trinco dropped more than a second in the W11-12 100 Breast. Bill Ulrich dropped time in all 6 of his swims . Jamie Viotto picked up an 8th Place finish, dropping 51 seconds in the M13-14 1500 Free. Justin Viotto earned his 1st Place in the 400 Free and added a 2nd Place in the 200 Free. Simona Virga took part in her 1st Junior Olympics, taking part in the W11-12 Relays. Matthew Wei slashed 22 seconds for a 13th Place in the M11-12 200 Fly. 13 new Long Course Gold/Zone Time Cuts were established and 19 MCSC club records were set. See below for more details. Congratulations to these and every member of the MCSC for making our 5th year the most successful yet!



Time	F/P/S	Event	Place	Points	Improv
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Bauer, Patrick (11) M (M)

5:32.16L SLVR	F # 24	Men 11-12 400 Free	35	---	3.38
	36.49	41.51 42.91 43.40	42.36	42.72	41.85 40.92
40.32L SLVR	F # 28	Men 11-12 50 Back	32	---	2.34
6:26.56L GOLD	F # 34	Men 11-12 400 IM	28	---	-0.83
	43.16	51.06 47.45 46.22	59.58	59.59	40.37 39.13
2:56.39L GOLD	F # 62	Men 11-12 200 Back	34	---	1.79
	40.63	45.91 45.43 44.42			
11:15.21L	F # 68	Men 11-12 800 Free	21	---	---
	37.40	41.31 42.50 43.12	42.97	43.29	43.20 42.90
	42.96	43.11 42.53 43.18	42.34	42.65	41.52 40.23
1:23.79L SLVR	F # 88	Men 11-12 100 Back	31	---	0.31
	40.42	43.37			
21:00.00L GOLD	F # 130	Men 11-12 1500 Free	12	5	---
	38.44	42.09 43.85 42.67	42.93	42.26	42.63 41.84
	43.01	41.63 43.05 42.73	42.99	41.89	43.47 42.51
	42.60	42.25 41.90 40.76	42.79	40.99	41.28 41.81
	41.68	41.64 42.18 42.09	41.40	38.64	

Carey, Laurel (9) W

41.98L GOLD	F # 59	Women 10 & Under 50 Fly	36	---	1.21
1:39.08L GOLD	F # 93	Women 10 & Under 100 Fly	29	---	-0.67
	43.69	55.39			

Carey, Matthew (12) M (M)

1:06.57L GOLD	F # 16	Men 11-12 100 Free	20	---	0.06
	31.48	35.09			
5:02.20L ZONE	F # 24	Men 11-12 400 Free	11	6	-4.71
	34.05	38.05 38.74 38.99	38.38	38.59	38.16 37.24
30.87L GOLD	F # 50	Men 11-12 50 Free	23	---	-0.18
2:48.60L GOLD	F # 62	Men 11-12 200 Back	17	---	3.16
	40.64	43.16 42.62 42.18			
30.71L GOLD	F # 65	200 Free Relay Lead Off	---	---	-0.34
10:32.50L	F # 68	Men 11-12 800 Free	11	6	---
	35.65	39.29 39.41 40.23	39.43	40.74	40.26 41.27
	35.11	46.36 39.95 39.64	39.68	39.60	39.20 36.68
2:48.19L GOLD	F # 92	Men 11-12 200 IM	19	---	-0.32
	35.98	43.35 52.50 36.36			
35.74L GOLD	F # 96	Men 11-12 50 Fly	33	---	1.04
2:23.61L ZONE	F # 100	Men 11-12 200 Free	17	---	-0.49
	33.07	36.27 37.42 36.85			
38.22L GOLD	F # 104	200 Medley Relay Lead Off	---	---	1.13
20:22.02L GOLD	F # 130	Men 11-12 1500 Free	8	11	---
	34.93	39.36 39.65 40.55	41.26	40.38	41.12 41.57
	41.98	41.89 41.48 41.60	41.67	41.04	41.26 40.88
	41.51	40.88 41.36 40.67	40.74	41.14	40.54 41.26
	41.15	41.07 41.06 41.00	40.32	38.70	

Demirel, Alina (11) W (M)

3:12.63L SLVR	F # 19	Women 11-12 200 Fly	19	---	1.56
	40.96	50.09 50.12 51.46			
1:24.13L SLVR	F # 53	Women 11-12 100 Fly	41	---	2.40
	39.65	44.48			
32.72L SLVR	F # 64	200 Free Relay Lead Off	---	---	-0.98

Dottinger, Matt (12) M (M)

6:36.62L SLVR	F # 34	Men 11-12 400 IM	32	---	9.31
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3:03.20L SLVR	F # 62	42.83	50.29	49.10	50.79	57.50	58.25	44.60	43.26	43	---	4.09
		42.34	47.27	48.13	45.46							
Hopf, Hollie (12) W (M)												
1:06.22L ZONE	F # 15									8	11	0.58
		31.70	34.52									
3:10.76L GOLD	F # 19									18	---	---
		40.28	49.90	51.12	49.46							
5:24.35L GOLD	F # 23									29	---	-0.11
		35.66	40.92	41.20	41.93	40.91	42.46	41.31	39.96			
30.03L ZONE	F # 49									5	14	-0.11
1:13.89L GOLD	F # 53									4	15	-0.37
		34.45	39.44									
31.21L ZONE	F # 95									2	17	-0.77
2:25.87L GOLD	F # 99									11	6	-1.51
		33.80	37.24	38.92	35.91							
Stiles, Brian (16) M (M)												
9:22.80L SLVR	F # 2									30	---	9.82
		29.80	33.56	34.49	35.03	35.17	35.24	35.49	36.13			
		35.26	36.52	35.71	36.16	36.48	36.61	35.81	35.34			
55.11L ZONE	F # 6									6	13	-2.14
		26.58	28.53									
55.43L ZONE	P # 6									6	---	-1.82
		26.55	28.88									
2:26.59L SLVR	P # 10									27	---	1.88
		34.61	37.23	37.83	36.92							
4:26.04L ZONE	P # 38									27	---	-1.56
		29.11	32.33	33.38	34.35	34.40	34.86	35.05	32.56			
2:06.53L ZONE	P # 76									23	---	-1.51
		28.88	31.50	33.87	32.28							
1:07.36L SLVR	P # 112									28	---	-0.78
		32.82	34.54									
25.39L ZONE	F # 120									5	14	-1.04
25.70L ZONE	P # 120									12	---	-0.73
17:35.71L ZONE	F # 128									16	1	-50.50
		30.77	33.40	34.67	34.38	35.44	35.50	35.98	35.06			
		36.23	35.22	35.56	34.53	35.97	35.37	35.78	35.17			
		34.93	34.88	35.53	35.04	35.76	35.16	35.38	35.04			
		36.14	35.54	36.60	36.07	35.99	34.62					
Stiles, Jessica (14) W (M)												
1:11.77L GOLD	F # 3									13	4	-2.59
		32.29	39.48									
1:12.45L GOLD	P # 3									16	---	-1.91
		32.69	39.76									
5:04.58L SLVR	P # 11									40	---	2.52
		33.79	37.31	38.17	38.77	39.39	39.48	39.34	38.33			
10:29.62L GOLD	F # 35									31	---	-0.79
		34.20	38.22	39.69	40.22	39.26	39.28	38.77	38.94			
		39.44	40.00	40.60	40.80	40.13	40.27	40.39	39.41			
1:05.60L GOLD	P # 39									27	---	0.01
		31.44	34.16									
2:26.54L SLVR	P # 73									30	---	2.26
		33.19	36.92	38.81	37.62							
2:52.04L SLVR	P # 77									24	---	2.91
		35.95	43.19	46.49	46.41							
2:46.43L SLVR	P # 105									38	---	0.42

	34.10	44.75	50.38	37.20									
1:18.63L SLVR	P # 109	Women 13-14 100 Back							42	---		1.14	
	37.60	41.03											
28.79L ZONE	F # 117	Women 13-14 50 Free							4	15		-0.38	
29.35L ZONE	P # 117	Women 13-14 50 Free							6	---		0.18	
Stiles, Michael (12) M (M)													
5:24.71L GOLD	F # 24	Men 11-12 400 Free							28	---		-1.19	
	34.89	40.59	40.58	42.23	41.65	43.57	41.30	39.90					
6:29.34L SLVR	F # 34	Men 11-12 400 IM							31	---		9.07	
	42.56	52.57	50.61	49.66	55.82	56.45	41.91	39.76					
11:35.17L	F # 68	Men 11-12 800 Free							23	---		-118.30	
	35.88	41.19	42.89	44.75	42.61	44.10	43.86	46.09					
	44.35	46.29	44.81	43.95	31.47	57.14	43.64	42.15					
3:31.40L SLVR	F # 84	Men 11-12 200 Breast							39	---		0.62	
	46.27	56.08	55.68	53.37									
Trinco, Charlie (12) W (M)													
41.79L GOLD	F # 29	Women 11-12 50 Breast							28	---		0.29	
1:31.42L GOLD	F # 57	Women 11-12 100 Breast							33	---		-1.30	
	43.04	48.38											
3:19.11L GOLD	F # 83	Women 11-12 200 Breast							34	---		2.14	
	44.98	50.51	52.81	50.81									
Ulrich, Bill (14) M													
2:32.73L GOLD	F # 8	Men 13-14 200 Back							12	5		-3.14	
	35.31	38.80	39.41	39.21									
2:33.67L GOLD	P # 8	Men 13-14 200 Back							12	---		-2.20	
	35.52	39.13	39.66	39.36									
1:03.19L SLVR	P # 40	Men 13-14 100 Free							36	---		-0.59	
	29.50	33.69											
1:10.97L GOLD	F # 110	Men 13-14 100 Back							14	3		-9.35	
	34.28	36.69											
1:11.12L GOLD	P # 110	Men 13-14 100 Back							18	---		-9.20	
	34.23	36.89											
28.33L GOLD	P # 118	Men 13-14 50 Free							27	---		-1.76	
Viotto, Jamie (13) M (M)													
2:33.24L GOLD	P # 8	Men 13-14 200 Back							11	---		-6.50	
		1:15.32		2:33.24									
2:34.53L GOLD	F # 8	Men 13-14 200 Back							16	1		-5.21	
	36.05	39.69	39.54	39.25									
4:50.69L GOLD	P # 12	Men 13-14 400 Free							21	---		3.00	
	31.95	36.10	36.41	37.53	37.01	37.95	36.96	36.78					
9:54.28L DQ	F # 36	Men 13-14 800 Free							---	---		---	
	32.58	36.59	37.08	37.71	37.15	37.81	37.62	37.65					
	38.05	38.25	37.66	38.08	37.95	37.70	37.49	34.91					
5:39.07L SLVR	P # 70	Men 13-14 400 IM							21	---		0.32	
	35.15	40.71	42.78	41.64	53.22	53.68	37.47	34.42					
2:49.65L SLVR	P # 78	Men 13-14 200 Fly							21	---		9.06	
	35.28	41.46	46.07	46.84									
18:48.09L GOLD	F # 126	Men 13-14 1500 Free							8	11		-51.47	
	33.45	36.46	37.23	37.55	37.50	37.77	37.36	37.65					
	37.78	37.67	38.10	37.88	38.01	37.88	38.15	38.27					
	37.39	37.79	37.87	38.08	37.86	38.36	37.95	38.46					
	37.47	38.08	38.61	38.23	37.73	35.50							

Viotto, Justin (10) M (M)

1:27.70L	GOLD	F # 18	Men 10 & Under 100 Back	18	---	2.16
		43.15	44.55			
34.79L	GOLD	F # 26	Men 10 & Under 50 Free	26	---	-0.21
1:13.75L	ZONE	F # 52	Men 10 & Under 100 Free	7	12	0.94
		35.41	38.34			
3:12.39L	GOLD	F # 56	Men 10 & Under 200 IM	28	---	4.65
		44.31	46.88 1:01.36 39.84			
5:22.36L	ZONE	F # 66	Men 10 & Under 400 Free	1	20	-2.89
		36.53	40.12 40.98 40.64 40.79 41.87 41.10 40.33			
2:35.30L	ZONE	F # 90	Men 10 & Under 200 Free	2	17	-0.48
		36.08	39.48 40.47 39.27			
NS		F # 94	Men 10 & Under 100 Fly	---	---	---
41.54L	GOLD	F # 98	Men 10 & Under 50 Back	19	---	1.08

Virga, Simona (12) W

44.48L		F # 103	200 Medley Relay Lead Off	---	---	0.43
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Wei, Matthew (11) M (M)

3:00.29L	GOLD	F # 20	Men 11-12 200 Fly	13	4	-21.82
		39.10	47.07 47.15 46.97			
		39.11				

New Long Course Time Standard Achievers**NJS/SAC LC JO's 2010 29-Jul-10 to 01-Aug-10 LC Meters**

Time	F/P/S	Event	Place	Points	Improv
Bauer, Patrick (11) M (M)					
11:15.21L	GOLD	F # 68	Men 11-12 800 Free	21	---
21:00.00L	GOLD	F # 130	Men 11-12 1500 Free	12	5
Carey, Matthew (12) M (M)					
5:02.20L	ZONE	F # 24	Men 11-12 400 Free	11	6
2:23.61L	ZONE	F # 100	Men 11-12 200 Free	17	---
Hopf, Hollie (12) W (M)					
3:10.76L	GOLD	F # 19	Women 11-12 200 Fly	18	---
Stiles, Brian (16) M (M)					
2:06.53L	ZONE	P # 76	Men 15 & Over 200 Free	23	---
17:35.71L	ZONE	F # 128	Men 15 & Over 1500 Free	16	1
Ulrich, Bill (14) M					
1:10.97L	GOLD	F # 110	Men 13-14 100 Back	14	3
1:11.12L	GOLD	P # 110	Men 13-14 100 Back	18	---
28.33L	GOLD	P # 118	Men 13-14 50 Free	27	---
Viotto, Jamie (13) M (M)					
2:33.24L	GOLD	P # 8	Men 13-14 200 Back	11	---
9:58.71L	GOLD	F	Men 13-14 800 Free	---	---
Wei, Matthew (11) M (M)					
3:00.29L	GOLD	F # 20	Men 11-12 200 Fly	13	4

NEW TEAM RECORDS**NJS/SAC LC JO's 2010 29-Jul-10 to 01-Aug-10 LC Meters****Women 11-12 50 Free**

30.11	Jessica Stiles at 2008 MR Condors July Jubilee	7/11/2008	MCSC
30.03 **	Hollie Hopf at NJS/SAC LC JO's 2010	7/29/2010	MCSC -NJ

Women 11-12 200 Free

2:27.38	Hollie Hopf at SUMMER SIZZLE XX	6/25/2010	MCSC
2:25.87 **	Hollie Hopf at NJS/SAC LC JO's 2010	7/29/2010	MCSC -NJ
<u>Women 11-12 100 Breast</u>			
1:32.72	Charlie Trinco at SUMMER SOLSTICE 2010	6/19/2010	MCSC
1:31.42 **	Charlie Trinco at NJS/SAC LC JO's 2010	7/29/2010	MCSC -NJ
<u>Women 11-12 50 Fly</u>			
31.98	Hollie Hopf at 2010 Condors May Meters Matter	5/7/2010	MCSC
31.21 **	Hollie Hopf at NJS/SAC LC JO's 2010	7/29/2010	MCSC -NJ
<u>Women 11-12 100 Fly</u>			
1:14.26	Hollie Hopf at 12/UNDER LC CHAMPS 2010	7/17/2010	MCSC
1:13.89 **	Hollie Hopf at NJS/SAC LC JO's 2010	7/29/2010	MCSC -NJ
<u>Women 11-12 200 Fly</u>			
3:11.07	Alina Demirel at 12/UNDER LC CHAMPS 2010	7/17/2010	MCSC
3:10.76 **	Hollie Hopf at NJS/SAC LC JO's 2010	7/29/2010	MCSC -NJ
<u>Women 13-14 50 Free</u>			
29.17	Jessica Stiles at SUMMER SIZZLE XX	6/25/2010	MCSC
28.79 **	Jessica Stiles at NJS/SAC LC JO's 2010	7/29/2010	MCSC -NJ
<u>Women 13-14 800 Free</u>			
10:30.41	Jessica Stiles at BB NJS 13&O Silver LC Champs	7/24/2010	MCSC
10:29.62 **	Jessica Stiles at NJS/SAC LC JO's 2010	7/29/2010	MCSC -NJ
<u>Women 13-14 100 Fly</u>			
1:14.36	Jessica Stiles at SUMMER SOLSTICE 2010	6/19/2010	MCSC
1:11.77 **	Jessica Stiles at NJS/SAC LC JO's 2010	7/29/2010	MCSC -NJ
1:12.45	Jessica Stiles at NJS/SAC LC JO's 2010	7/29/2010	MCSC -NJ
<u>Men 9-10 200 Free</u>			
2:35.78	Justin Viotto at SUMMER SIZZLE XX	6/25/2010	MCSC
2:35.30 **	Justin Viotto at NJS/SAC LC JO's 2010	7/29/2010	MCSC -NJ
<u>Men 9-10 400 Free</u>			
5:25.25	Justin Viotto at 2010 MR Condors July Jubilee	7/9/2010	MCSC
5:22.36 **	Justin Viotto at NJS/SAC LC JO's 2010	7/29/2010	MCSC -NJ
<u>Men 11-12 200 Free</u>			
2:24.10	Matthew Carey at 12/UNDER LC CHAMPS 2010	7/17/2010	MCSC
2:23.61 **	Matthew Carey at NJS/SAC LC JO's 2010	7/29/2010	MCSC -NJ
<u>Men 13-14 1500 Free</u>			
18:53.86	Brian Stiles at 2008 LC Junior Olympics	7/24/2008	MCSC
18:48.09 **	Jamie Viotto at NJS/SAC LC JO's 2010	7/29/2010	MCSC -NJ
<u>Men 15 & Over 50 Free</u>			
26.43	Brian Stiles at BAC Wed Night Long Course	7/14/2010	MCSC
25.39 **	Brian Stiles at NJS/SAC LC JO's 2010	7/29/2010	MCSC -NJ
25.70	Brian Stiles at NJS/SAC LC JO's 2010	7/29/2010	MCSC -NJ
<u>Men 15 & Over 100 Free</u>			
57.25	Brian Stiles at HEAT MADNESS 2010	6/5/2010	MCSC
55.11 **	Brian Stiles at NJS/SAC LC JO's 2010	7/29/2010	MCSC -NJ
55.43	Brian Stiles at NJS/SAC LC JO's 2010	7/29/2010	MCSC -NJ
<u>Men 15 & Over 200 Free</u>			
2:08.04	Brian Stiles at NJS/SAC LC JO's 2009	7/30/2009	MCSC
2:06.53 **	Brian Stiles at NJS/SAC LC JO's 2010	7/29/2010	MCSC -NJ
<u>Men 15 & Over 400 Free</u>			
4:27.60	Brian Stiles at BAC Wed Night Long Course	7/14/2010	MCSC

4:26.04 ** Brian Stiles at NJS/SAC LC JO's 2010 7/29/2010 MCSC -NJ

Men 15 & Over 1500 Free

18:26.21 Brian Stiles at NJS/SAC LC JO's 2009 7/30/2009 MCSC
17:35.71 ** Brian Stiles at NJS/SAC LC JO's 2010 7/29/2010 MCSC -NJ

Men 15 & Over 100 Back

1:08.14 Brian Stiles at 2010 Condors May Meters Matter 5/7/2010 MCSC
1:07.36 ** Brian Stiles at NJS/SAC LC JO's 2010 7/29/2010 MCSC -NJ